

Activity Professionals of Ontario 31st Annual Convention

October 21st - 23rd, 2015

Ambassador Hotel & Conference Centre Kingston, Ontario

Everything Old Is New Again

Letter From The President



Dear Members and Non-Members,

As President of Activity Professionals of Ontario, I welcome you – old attendees and new – to the 31st Annual Activity Professionals of Ontario Convention. Our theme this year revolves around revisiting the past and putting a fresh coat of paint on it, with "Everything Old is New Again". That said, it's especially fitting that our Convention will be held this year in beautiful, historic, Kingston at the Ambassador Hotel and Conference Centre.

This year's lineup is sure to peak everyone's interest. From seminars on documentation to chair yoga to working on your student placements, this year has something for everyone. We've booked amazing speakers, kicking off with Nicole Scheidl from FitMinds, while the hysterical Jody Urquhart will be closing out our convention with "This Would be Funny... If It Wasn't Happening To Me!" For members, you're of course also invited to attend the AGM where we'll be discussing what APO has accomplished this past year, so please make yourself available to voice where you'd like to see us grow.

Whether before, after, or in between sessions, there are tons of things to occupy your time in Kingston. The waterfront trail, shopping downtown or Princess Street (not to mention the malls or outlet depot), you can even take in a Haunted Walk or Fort Fright at Old Fort Henry to get you in the Halloween spirit.

On behalf of the board and our host committee, welcome to Kingston! I look forward to personally meeting everyone at convention - old faces and new.

With Anticipation,

Marm

Tammy Doxtator-Jones APO President



Important Information

*** PLEASE READ CAREFULLY ***

No refunds will be granted after October 10th, 2015 Substitutions will be allowed subject to full membership fee

Social Agenda Information

Dress Code - Business Casual / Thursday Breakfast wear your regional color (see page 9)

Banquet - No dress code this year

Extra Banquet ticket \$75.00 (Day registration does **NOT** include a banquet ticket). Extra banquet tickets must be ordered prior to October 10th, 2015.

If you have any dietary restrictions, allergies, etc. it is your responsibility to notify the Convention Chair by October 10th, 2015 at <u>convention@activitypro.ca</u>

Hotel and booking information can be found on page 21 of this book.

Registration forms used for this convention are the last 2 pages of this book or you can register online at <u>https://apoo.wildapricot.org/event-1989366</u>

Refer to the APO website for links for driving instructions. www.activitypro.ca

If This Is Your First Convention

This is a great opportunity to network so mingle around and if you are shy just look for any of the APO Executive as they would be more than happy to introduce you to other Activity Professionals. Also the Wednesday night Mix & Mingle is a great time to start having fun and making those important connections... but that's just the start. We've organized a few other events throughout the convention designed for you to foster those relationships that will help you grow your professional circle.

Consider this...

Becoming an APO member entitles you to membership rates for the convention and you get the benefit of the APO newsletters, members only section of the website, access to document sharing including program plans, membership rates for workshops, free APO webinars, and unlimited networking opportunities. Download your membership form from the APO website and send it along with your registration. Joining at Convention time now means your membership is renewed based on that date, so you get to enjoy the APO benefits for a full calendar year.

Have Convention Questions?

Contact Michelle Proulx at convention@activitypro.ca

2015 Sponsors



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Want To Be A Sponsor? Contact Us

2015 Exhibitors















Spiteri Recreation Therapy Services Helping Seniors Live Life To The Fullest





Keeping Busy The Dementia Activities Specialist

CONVENTION AT A GLANCE

	Wednesday	y, October 21, 20	015
11:00 - 3:00	Early E	Bird Breakout Session	(extra cost)
2:00 - 5:00		Registration Table O	pen
4:00 - 5:00	Early Bird Sp	beaker ~ Bev Foster	Sing The Changes
8:00		Mix & Mingle	
	Thursday,	October 22, 201	15
7:30 - 8:30	Re	gional Networking Bi	reakfast
8:00		Registration Oper	1
8:00 - 5:00		Exhibitors Hall Op	en
8:30 - 9:30	Keynote Speaker	~ Nicole Scheidl Ch	anging Your Paradigm
9:45 - 10:15	Со	ffee Break In Exhibit	ors Hall
10:30 - 12:00	<i>S1</i>	S2	<i>S3</i>
12:00 - 1:30		Lunch	
12:30 - 1:30		AGM Wine & Chee	ese
1:45 - 3:15	<i>S4</i>	<i>S</i> 5	<i>S6</i>
3:15 - 3:45	Со	ffee Break In Exhibite	ors Hall
3:45 - 5:15	S 7	<u>S8</u>	<i>S</i> 9
6:30 - 7:30		Cocktails ~ Cash B	Bar
7:30 - 10:00	E	Dinner & Awards Cere	emony
9:00 - 10:00		Evening Party	
	Friday, C	October 24, 2014	
7:45 - 8:45	Continent	al Breakfast ~ Mornin	ng Networking
8:00 - 12:00		Exhibitors Hall Op	en
8:00 - 9:30		Registration Oper	1
9:00 - 11:00	<i>S10</i>	<i>S11</i>	<i>S12</i>
11:30		Hotel Check Out	
11:45 - 12:45		Lunch	
12:30 - 1:45	Endnote Speaker	- Jody Urquhart Th	nis Would Be Funny
1:45 - 2:00	Cl	osing Remarks and Fa	arewell

Early Bird Breakout Session

Wednesday, October 21 ~ 11:00 AM - 3:00 PM

Documentation & Care Planning Effectiveness In Long-Term Care

Presenter: Soo Ching Kikuta

Soo Ching brings over 18 years of RAI-MDS experience. Her RAI experience includes both Ontario and Alberta. She is a popular speaker on RAI-MDS for National conventions and meetings. She has published numerous articles on matters pertaining to the RAI process. Her latest training is centred around Resident Quality Inspection, RAI-MDS accuracy and RUG-case mix, documentation and care planning, and restorative care program.

This half-day training is essential for all Activity Professionals who are involved with RAI-MDS (Resident Assessment Instrument-Minimum Data Set 2.0) assessment, RAP (resident assessment protocol) documentation and plan of care development. The goal of this workshop is to provide Activity Professionals with the techniques, tools and confidence to do documentation and develop an individualized, resident centred, plan of care.

Keeping good documentation, and creating and implementing individualized plans of care for residents are a very important responsibility of the Activity Professionals. This training will provide an overview of how MDS assessment links to RAP analysis, and plan of care development. Participants will gain an understanding of what good documentation looks like based on best practices, what information must be included in RAP documentation, and how to develop an individualized and resident centred plan of care. This workshop will be interactive, and participants will have the opportunity to practice critiquing examples of documentation and plans of care.

Learning Objectives: At the end of this presentation, participants will:

- 1) Understand the documentation and plan of care requirements related to the Long-Term Care Homes Act.
- 2) Have increased knowledge of how to link MDS assessment to RAP documentation and to care planning.
- 3) Know how to develop an individualized and resident centred plan of care that meets resident needs and compliance inspection requirements.

Additional Cost To Attend This Session: \$35 per person

This session is limited to a maximum of 35 participants Light snacks and refreshments will be provided

Early Bird Speaker

Wednesday, October 21 ~ 4:00 PM - 5:00 PM



Bev Foster

Sing The Changes

Most people have experienced "singing", "singing with" or "being sung to" in their lifetime. Singing is an optimal activity for health and well-being and for all of the changes that come with aging. Singing enhances our physiology, helps us express feelings, moods and spirituality, provides opportunities for social connections and stimulates our minds. In this interactive and participatory session led by Bev Foster, a seasoned musician and singer, participants will develop singing confidence, learn healthy breathing techniques, experience the bonds and beauty of group singing and share the stories of songs that are both old and new.

Bev Foster is the Executive Director of the Room 217 Foundation, an organization dedicated to music and care. She is an experienced, performer, songwriter and music educator. Bev has taught music in elementary and secondary panels in the Durham District School Board as well as in her private studio. Bev was the Executive Director of the Ontario Vocal Festival and has been Director of Music in several churches. Compelled by their own caregiving situation, Bev and her husband, Rob, founded the Room 217 Foundation in 2009. Bev speaks and writes extensively on the power of music, especially in complex care or life limiting situations. Her passion for music enhancing quality of life and care is contagious.

Want a sneak peak of Bev Foster? Check out this video of her presentation about why music matters <u>Room 217 Music Matters</u>

Mix & Mingle

Wednesday, October 21 ~ 8:00 PM

Join us on Wednesday night to see old friends, make new ones and just relax because there is no better way to kick off your Convention experience than enjoying some music and the company of Activity Professionals

> Cash Bar & Snacks Dress Code: Casual

Regional Networking Breakfast

Thursday, October 22 ~ 7:30 AM

Here are your Region Reps

East Region - Vacant Central Region - Liza Franses South Region - Vacant North Region - Mark Lundrigan

Regional Networking Breakfast (7:45 - 8:45)

Time to make those important connections with other Activity Professionals in your region. Our Region Reps will be separating the area into 4 different colors to help you better identify others in your region. Please see the list below for your regions color.

East Region - Green Central Region - Yellow South Region - Purple North Region - Orange

* We encourage all delegates to dress in their regional color and show true spirit *

Keynote Speaker

Thursday, October 22 ~ 8:30 AM - 9:30 AM



Nicole Scheidl

Changing Your Paradigm: Moving From Success To Significance

Over the years it became very clear to Nicole that human interaction plays a vital role in maintaining brain health. That is she took on the passion of working with Activity Professionals to develop her programs that engage people with people not people with computers. She also believes that each person is unique, with a unique personality and perspective that impacts their lives and the lives around them with dementia.

She says "We are still connected and need to find a way to maintain our relationships, even when it becomes difficult". And at its most fundamental point that is what her company, Fit Minds, is about – creating programs that support those relationships.

Nicole Scheidl, CEO of Fit Minds, will speak about Activity Professionals as catalysts of change. The clients we work for are moving from a paradigm of success to one of significance and Activity Professionals are vital to this transition. Nicole will discuss how Activity Professionals can create moments of significance for clients and share some inspiring examples of these ideas in action today.

Want to hear Nicole's story and how her amazing company Fit Minds came to be? <u>Click here to see her YouTube video</u>

Thursday, October 22, 2015 10:30 - 12:00

Chair Yoga In Your 70's, 80's and Beyond

Presenter: Joseanne Spiteri

Yoga for the 70 years and older? Yes, it is possible! Research has shown that seniors who practice yoga can improve their cholesterol and blood sugar levels as well as their bone strength, blood pressure and arthritis. It can also help in the prevention of falls, heart disease and strokes. This fun and active session will use a combination of lecture, demonstrations and a seated yoga practice to explore how chair yoga can improve the quality of life for the senior population.

Learning Objectives:

- 1) Participants will learn modifications to yoga practice relevant to common conditions associated with aging.
- 2) Participants will discover the world of chair yoga and its many benefits for the aging population.



S1

Documentation & Care Planning for Activity and Recreation Professionals in Retirement Homes

Presenter: Soo Ching Kikuta

Keeping good documentation and plans of care are essential part of good care for the residents. Maintaining good clinical documentation has both immediate and long-term benefits for Activity Professionals and their care teams. In this presentation, an overview of the legislative requirements and best practices of documentation and plans of care will be discussed. Participants will understand what 'good' documentation looks like, and learn strategies on how to develop a meaningful and individualized plan of care for their residents.

Learning Objectives: At the end of this presentation, participants will:

- 1) Understand documentation and plan of care requirements related to the Retirement Homes Act
- 2) Increase their knowledge and skills on how and what to document, and how to create an individualized activity plan of care
- 3) Know what the compliance inspector looks for in documentation and plans of care during an inspection

Thursday, October 22, 2015 10:30 - 12:00

Brain Fitness: A Wellness Approach For Older Adults

Presenter: Paul Hyman

Research studies have found that using movement-based activities and other sensory modalities slows down or reverses some of the effects of aging. In this session you will be introduced to a one-of-a-kind brain stimulation program for older adults to improve functional abilities, independence, quality of life, plus enhanced balance and stability.

Aging of the brain in human beings can be either one of the most subtle, or one of the most devastating, aspects of the aging process. This can be mitigated by preventive care and education both for seniors and for those that serve or care for them. Are you ready?

Learning Objectives:

- 1) Participants will learn about a movement-based, multi-sensory brain stimulation approach based upon the latest neuroscience research.
- 2) Participants will be taught easy to use brain friendly tools and techniques that they can use immediately once returning to the home.
- 3) Participants will discover how specific techniques can be adapted to clinical contexts to aid clients' of all ages.

Thursday, October 22, 2015 12:30 - 1:30



S3

The Annual General Meeting will be held over lunch hour. The format for this year's AGM has changed slightly with more focus on the future direction of APO and what we are doing with the membership to see us into the next years.

Please join us for this very important meeting.

If you are unable to attend the meeting please don't forget to sign your proxy form (attached to the August print edition newsletter) so that you can still have a say in the future of your organization.

Thursday, October 22, 2015 1:45 - 3:15

Re-inventing Programs The Montessori Way



S5

Presenter: Donna Ray

Using the former pastimes and hobbies of people with dementia as the "old ideas" we will look at ways to re-introduce them with new twists based on the Montessori principles. This session is filled with practical ideas and suggestions that can help you to tailor your programs to better meet the needs of residents and be more meaningful and engaging.

Learning Objectives:

- 1) Participants will get a refresher on the 10 Montessori Principles and interest/abilities/ needs
- 2) Participants will be able to apply the principles to modify programs to engage individuals at different levels of ability (examples and group exercise)
- 3) Participants will engage in role play with other Activity Professionals to put the techniques learned into practice.

The Next Generation: Enhancing Student's Experience

Presenter: Judy O'Neill

One of the responsibilities Activity Professionals assume is preparing students for the future with employable skills and knowledge to make effective career and educational choices. We can enrich the student's experience through strategies that immerse them in a variety of experiences while acting as mentor, supervisor and supporter. This informative session will provide Activity Professionals with the tools necessary to provide an optimal student placement experience whether it is high school, college or university level students. Participants will take away a Student Placement Package that they may use in their own facility.

- 1) Participants will learn techniques to engage & educate
- 2) Participants will better understand student's expectations
- 3) Participants will develop skills related to setting goals & evaluating

Thursday, October 22, 2015 1:45 - 3:15

Volunteer Administration Foundations

Presenter: Aimee Chada

S6

Not enough volunteers? You're not alone. Many of us don't have the time or resources to find great volunteers, and we're barely managing the ones we have. However, if you don't grow your volunteer program you will never experience how a strong community can help your organization to thrive.

Fortunately there is hope! Discover how you can recruit, manage and lead all the volunteers you need - in just hours a week.

- 1) Participants will learn how to systematize your volunteer program.
- 2) Participants will leave with the understanding of the volunteer of today and how to recruit them.
- 3) Participants will build skills for training, managing for success.



Thursday, October 22, 2015 3:45 - 5:15

Leading The Charge: Facilitating Change As An Activity Professional

Presenter: Ron Martyn

S7

S8

All successful recreation departments have one common feature – effective leadership. Too often great programs and strategies fail to realize their full potential as a result of misdirected leadership. This session focuses on essential leadership tools that every recreationist needs in their work role. For the program manager or supervisor, these are the skills required to inspire others to embrace change in the department. For the staff, the leadership skills help them organize their time and more effectively engage residents.

Learning Objectives:

- 1) Participants will learn how to empower and inspire others to realize their full potential.
- 2) Participants will enhance their skills to create a positive, stimulating work and living environment.
- 3) Participants will learn techniques to ensure commitment and follow-through.

Old Songs - New Moves (A Swingin' Fitness Music & Chair Choreography Workshop)

Presenter: Margot Glatt

What do Michael Bublé, Lady Gaga and Rod Stewart have in common? They all share a passion for timeless musical classics. The twenties, thirties, forties, fifties and sixties provide a wealth of songs that will delight your fitness participants while they exercise. In this workshop, we will reintroduce many of these wonderful tunes and the artists who made them popular. You will learn how to select and incorporate these songs into your exercise program playlists and, as a group, will work on choreography techniques that complement the songs' styles and structures. A 30-minute demonstration with all new choreography will be included.

- 1) Participants will find out how to search and purchase/download the songs that were radio favourites in the years your fitness participants were growing up from Top 40 to novelty tunes, World Music to calypso, songs in different languages to jazz. The list is endless.
- 2) Participants will study a variety of song structures to understand how the shape of a song will enable you to more effectively create choreography that transitions smoothly.
- 3) Participants will learn why musical classics of the past still play such an important role in society today and are the key to energizing and inspiring your clients.

Thursday, October 22, 2015 3:45 - 5:15

Bring & Brag



Presenters: Carol Lavoie & Tammy Doxtator-Jones

This staple that has been part of many past APO Conventions. If you're looking for new program ideas or seeking a forum to brag about that sensational program then this is the session for you.

Come together with your fellow activity professionals to share a program plan, expand your portfolio and get inspired by others. All delegates attending this session are required to submit one program plan prior to attending the convention.

Learning Objectives:

- 1) Provide delegates with the forum for open program plan discussion and revision.
- 2) Expand upon each delegates current program plan portfolio.

To prepare The Bring & Brag Booklet in advance of the Convention, participants must forward a copy of their program plan on APO's Program Plan template before Oct 15th.

All Program Plans should be sent to education@activitypro.ca

Copy blank copy of the program plan is available on page 22 of this registration book or through a link found on the online Convention Registration page.

Please Remember...

- Some sessions have limited registration space so sign up early.
- We ask that delegates refrain from switching breakout sessions if possible. If you would like to switch sessions after you register you MUST speak with the Convention Chair when picking up your registration package but know this may not be possible.

Everything Old Is New Again

Annual Dinner & Awards Ceremony

Join Us For Music, Dancing And 20's Era Flair



Cocktails at 6:30 pm (Cash Bar) Dinner At 7:30 pm

Thursday, October 22nd, 2015

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Friday, October 23, 2015 9:00 - 11:00

Ambient Augmentative Activities: The Role of Play As An Intervention



Presenter: Marc Kanic & Judy O'Neill

Discover Ambient Augmentative Activity (AAA) interventions appropriate for individuals living with moderate to severe cognitive impairment residing in the institutional dementia care environments (IDCE). Keebee Play in partnership with the University of Toronto and LTC Homes across Canada is utilizing its experience and expertise in developing therapeutic play interventions for IDCE's. Delegates will hear how evidence based practice supports AAA & social well-being. Participants will have an opportunity to share design ideas from the perspective of the Activity Professional.

Learning Objectives:

- 1) Participants will learn methods that enhance engagement.
- 2) Participants will be able to identify the characteristics of play activities.
- 3) Participants will understand and engage in experiential learning.



Beautiful Botanical Prints

Presenter: Mitchell Hewson

Participants will learn the techniques of drying flowers, herbs and grasses to design, mat and frame their own beautiful print in one session.

Extra charge of de \$20 for supplies im

A stunning piece of work that will enable the participant to use this project for many therapeutic benefits when working with those client's suffering from various forms of dementia and depression. This project is an ideal outlet for individual creativity and imagination. An attractive piece of artwork that can adorn the client's room institution or generate sales. A fun and multi-task project that will stimulates the senses (gateway to the brain)!

Participants will receive all materials including; flowers, greens, herbs, artist paper, designer mat and frame with all working supplies.

*Also included will be fresh flower and herbs to press.

- 1) Participants will be conversant of all creative/therapeutic techniques to institute this project in their workplace.
- 2) Participants will be able to use this creative task to improve the client's cognitive, physical and spiritual functioning levels.
- 3) Participants will be able to resource all the materials, inventory and supplies to maintain and augment botanical prints projects and other creative art programs.

Friday, October 23, 2015 9:00 - 11:00

Pathways: A Comprehensive New Singing Program for Memory Care



Presenter: Bev Foster

Pathways is a new singing program developed by Room 217 that enhances the quality of life for people living with dementia and can be used in a number of settings. Pathways is a turnkey resource that can be facilitated by musicians or non-musicians and is highly recommended for memory care. Pathways is comprised of 13 videos led by an expert singing host, accompanying activity booklets, online tutorials for facilitators, and instrumental only tracks. This session will allow participants to discover the rationale and research behind the Pathways Singing Program, understand the program components, experience a Pathways singing session and become equipped to use the program.

- 1) Participants will identify why singing is beneficial in memory care.
- 2) Participants will develop knowledge of Pathways components.
- 3) Participants will acquire strategies for using Pathways.



Endnote Speaker

Friday, October 23 ~ 12:30 PM - 1:45 PM



Jody Urquhart

This Would Be Funny... If It Wasn't Happening To Me! How To Embrace Change With Humor, Enthusiasm & Vigor

Jody is passionate about spreading the message of the importance of fun and meaningful work. A motivational speaker for over 16 years, Jody speaks at over 60 organizations and associations every year, and is a top keynote speaker.

Jody's trademark is to deliver very funny motivational speeches, humour is a key part of her audience connection. Jody is author of the book *All Work & No SAY*. Her mission is to help motivate people to derive more meaning, fun and satisfaction from their work.

Sometimes life just gets in the way. Do you ever think, "Why can't things just go the way I want for a change?" or "Why can't people just leave me alone?" This hilarious and provocative presentation shows Activity Professionals how to face your stress instead of running and hiding. Embrace challenging situations and people with new ideas, innovation and conviction. The key to staying sane in the midst of stress is to look at the old rules, routines or challenges in a new invigorating way.

This compelling motivational speech will increase your comfort and confidence in the face of the usual stress and new change. Explore how the only way out is through and that it can actually be fun to embrace new challenges. Learn to do more with less and love it. Embrace the chaos of change with conviction and vitality.

- Derive strength from change
- Transform a bad attitude into a good one
- Laugh when things go wrong
- Summon your strength, courage, and talent during the topsy-turvy times in your life
- How to bring others kicking and screaming into this century
- Laugh at your own inner dramas
- Stop running from your own shadow
- Push through resistance and gain confidence for the future

Learn to empower others to get on with it

Watch Jody Speak At: <u>Humorous Motivational Speaker</u>

Hotel Information



1550 Princess Street Kingston, Ontario K7M 9E3 1-800-267-7880

Our block of rooms at reduced APO Group Rates will be held until <u>Wednesday, October 7th, 2015</u>

Or until all are reserved, which ever comes first.

APO 2015 Group Rate:

2 Queen Beds	\$139.00
King Bed	\$159.00

- Rates are per room per night, subject to applicable taxes
- Room pricing will be extended for 2 nights pre and post event dates (based on availability) to ensure you have adequate time to take in the historic beauty of Kingston.







Amenities

- Minutes from Kingston Via Rail
- Complimentary parking
- Complimentary internet access
- Access to indoor water park

RESERVATIONS

By Phone: 1-800-267-7880 with a major credit card and ensure to quote the group name Activity Professionals of Ontario

Name of Program: _

Program Focus:
Cognitive
Emotional
Creative
Spiritual
Physical
Restorative

Effective Date:

Review Date:

BRIEF DESCRIPTION - individualize for specific program

GOALS - individualize for specific program

PROCEDURE – individualize for specific program and include adaptations required

1.

POTENTIAL HAZARDS - individualize for specific program Examples:

- 1. Potential for physical harm to the Resident or others. CUSTOMIZE based on program.
- 2. Potential for physical and/or verbal aggression by the Resident due to impaired cognitive and/or sensory abilities. CUSTOMIZE based on program.
- 3. Potential for an emotional reaction/response such as feelings of inadequacy, frustration, embarrassment and the realization of their physical and/or cognitive limitations. CUSTOMIZE based on program.
- 4. Potential for injury resulting from use of equipment. CUSTOMIZE based on program.
- 5. Risk of elopement

NUMBER OF PARTICIPANTS - individualize for specific program

LOCATION - individualize for specific program

RESOURCE REQUIREMENTS

Supplies (CUSTOMIZE based on program)

PROGRAM LENGTH - individualize for specific program

EVALUATION OF ACTIVITY (OBSERVATIONAL MEASUREMENT)

HUMAN RESOURCES NEEDED - minimum and maximum number required including volunteers
•

VOLUNTEER ADAPTATIONS - individualize for specific program



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Activity Professionals of Ontario - 31st Annual Convention "Everything Old Is New Again"

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Please print and use black ink - your name tag will reflect what we are able to read

	8			
APO Member	YES / NO	Your APO Region:	Fax Registr	Fax Registration & Please Make Cheques
Name:			Activity Pro	Activity Professionals of Ontario
Employer / Facility:			P.O. Box 293	3
Mailing Address (this will be printed in the delegate list):	ill be printed in the dele	:gate list):	Port Hope, ON	DN LIA 3W4
Street:			Fax: 1-888-494-7038	494-7038
City:			Pictures/pro	Pictures/promotions: I understand APO may
Province:		Postal Code:	take picture	take pictures that may be utilized for public
Work Phone:		Home:	relations purposes.	rposes.
Email Address:			YES	
)
Register by September first serve.Choices will	15th, 2015 and pay the e	Register by September 15th, 2015 and pay the earlybird rate: Please read instructions clearly before filling out the form. Select your sessions: first come first serve. Choices will be determined by the date of registration. Fill out all sections below and fax.	y before filling out the form. and fax.	Select your sessions: first come
Dates	Options	First Choice	Second Choice	Third Choice
Wed, Oct 21, 2015 11:00 pm - 3:00 pm	Earlybird Session	Х / N	N/A	N/A
Wed, Oct 21, 2015 4:00 pm - 5:00 pm	Earlybird Speaker	>	N/A	N/A
Thurs, Oct 22, 2015 8:30 am - 9:30 am	Keynote Address	>	N/A	N/A
Thurs, Oct 22, 2015 10:30 am - 12:00 noon		S1 S2 S3	S1 S2 S3	S1 S2 S3
Thurs, Oct 22, 2015 1:45 pm - 3:15 pm		S4 S5 S6	S4 S5 S6	S4 S5 S6
Thurs, Oct 22, 2015 3:45 pm - 5:15 pm		S7 S8 S9	S7 S8 S9	S7 S8 S9
Banquet Ticket For Day Registrants, Spouse, or Friend	ly Registrants, Spouse,	, or Friend \$75		
Fri, Oct 23, 2015		CI3 113 013	S10 S11 S12	S10 S11 S12
9:00 am - 11:00 am		110	110	110



Activity Professionals of Ontario - 31st Annual Convention "Everything Old Is New Again"

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Please print and use black ink - your name tag will reflect what we are able to read

Name:

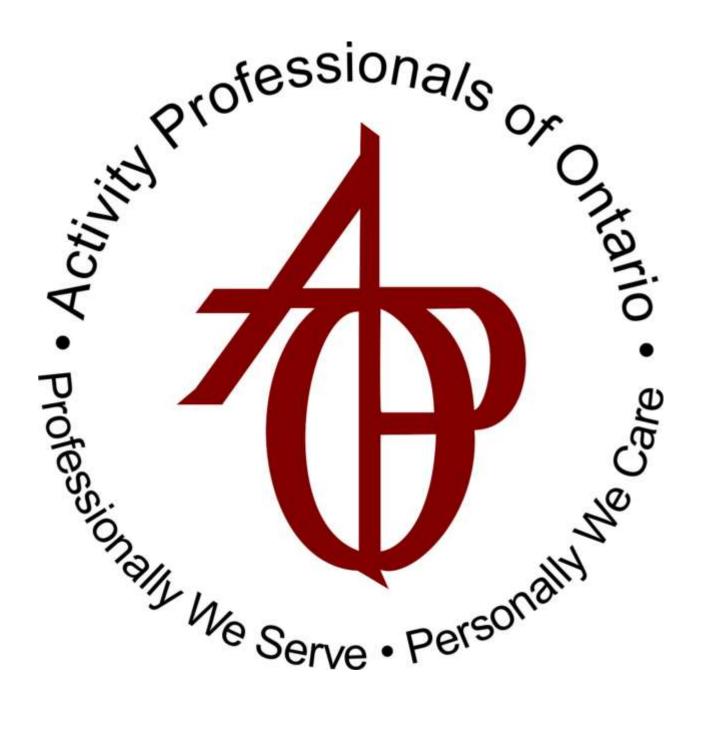
Convention Registration	Early Bird	After September 15th	Amount Paid
APO Member Full Convention	\$410	\$450	
APO Member Thursday Only	\$310		
APO Member Friday Only	\$285		
Non-Member Full Convention	\$585	\$625	
Non-Member Thursday Only	\$350		
Non-Member Friday Only	\$325		

If you are registering for the Earlybird Session there is an extra charge	\$35	
If you are registering for S11 there is an extra charge for supplies	\$20	
Extra Banquet Ticket	\$75	

NO REFUNDS will be granted after October 10th, 2015

TOTAL

Online registration and Credit Card Payments can be made through https://apoo.wildapricot.org/event-1989366 Receipts will be given out with your registration package at the Registration Table Confirmation letter of registration will be emailed once processed



A.P.O. Head Office P.O Box 293 Port Hope, Ontario L1A 3W4 Phone: 1-888-594-0140 Fax: 1-888-494-7038 E-Mail: Office@activitypro.ca Website: www.activitypro.ca